



I Can Cope is a FREE cancer support group designed to meet the patient and family/friend caregiver needs for a variety of cancers such as (*Lung, Breast, Gastrointestinal, Colon, Rectal, Blood, Prostate, Head and Neck, Gynecologic, Skin*). I Can Cope provides education, and support to help manage the physical, social and economic impact of cancer through up-to-date information and referrals to programs and other community resources.

Topics are subject to change

Basics of Pathology	October 16, 2019
Radiation Therapy	November 20, 2019
Held at the Radiation Center 152 Rail Road Ave	
Holiday Party	December 18, 2019
Stress Management (presented by oncology social work)	January 15, 2020
What are Palliative Care and Hospice Services	February 19, 2020
Side Effects of Treatment	March 18, 2020
Pharmacy	April 15, 2020
Alternative Therapy	May 20, 2020
Off Site Event	June 17, 2020
Please Contact Beth Money for additional information (443-406-1374)	
Dietary Considerations	July 15, 2020

During therapy and Survivorship

NO MEETING SCHEDULED IN AUGUST

The I Can Cope Support Group meets at **Union Hospital from 6:00 p.m. – 7:30 p.m.** the third Wednesday of every month, a light dinner is provided. For More information and to register please call 443-406-1374 or email bmoney@uhcc.com. Unless noted meetings will be at Union Hospital in meeting rooms 1 and 2. (meeting rooms are subject to change)

If weather events close the school district ICC meeting will be canceled

Union Hospital is a 2008 and 2011, and 2014 Outstanding Achievement Award Recipient from the Commission on Cancer, and a Certified Cancer Program since 2002

