

# APPENDIX A

## Cecil County Community Health Survey

Please take some time to complete Cecil County's Community Health Survey developed by Cecil County Health Department and Union Hospital of Cecil County. This survey is for adults ages 18 and older who live in Cecil County. The purpose of this survey is to get your opinion on health issues in the community.

This survey will be available online from July through September of 2018. You will be asked 20 questions related to demographics, community health, quality of life and access to health services. Your responses are anonymous and confidential. Your participation should take no longer than 10-15 minutes.

We do not anticipate any physical, psychological, social, legal or other risk as a result of your participation in this survey. If there are any questions you do not wish to answer, please skip those questions and answer only those you are comfortable answering.

There may be no direct benefit to you for your participation; however the information will benefit Cecil County residents. A summary of the information you provide will be included in a Community Health Needs Assessment (CHNA) and used to develop a plan to address the most important health issues in Cecil County.

You do not have to agree to participate in this survey. Your participation is completely voluntary and you will not be compensated for your participation. If at any time you wish to stop, you may do so.

If you have any questions about this survey, you may contact Daniel Coulter at 443-245-3767. If you have any question about your rights as a participant, or if you think you have not been treated fairly, you may call Gay Hutchen at the Maryland Department of Health Institutional Review Board (IRB) at 410-767-8488 and reference the Cecil County Community Health Needs Assessment.

By completing the survey you indicate that you have read the above information and would like to participate. Your opinion is very important to us! Thank you for taking the time to help us to identify health needs in Cecil County.

## Cecil County Community Health Survey

### Part I: Demographics

1. What is your zip code?

- |   |                             |
|---|-----------------------------|
| <input type="radio"/> 21901                   | <input type="radio"/> 21916 |
| <input type="radio"/> 21902                   | <input type="radio"/> 21917 |
| <input type="radio"/> 21903                   | <input type="radio"/> 21918 |
| <input type="radio"/> 21904                   | <input type="radio"/> 21919 |
| <input type="radio"/> 21911                   | <input type="radio"/> 21920 |
| <input type="radio"/> 21912                   | <input type="radio"/> 21921 |
| <input type="radio"/> 21913                   | <input type="radio"/> 21922 |
| <input type="radio"/> 21914                   | <input type="radio"/> 21930 |
| <input type="radio"/> 21915                   |                             |
| <input type="radio"/> Other (please specify): |                             |

2. What is your age?

- |                             |                                   |
|-----------------------------|-----------------------------------|
| <input type="radio"/> 18-24 | <input type="radio"/> 45-54       |
| <input type="radio"/> 25-34 | <input type="radio"/> 55-64       |
| <input type="radio"/> 35-44 | <input type="radio"/> 65 or Older |

3. What is your gender?

- |   |                            |
|---|----------------------------|
| <input type="radio"/> Female                  | <input type="radio"/> Male |
| <input type="radio"/> Other (please specify): |                            |

4. Which of the following would you say is your race? (Select all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> American Indian or Alaska Native  | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander |
| <input type="checkbox"/> Asian                             | <input type="checkbox"/> White                                     |
| <input type="checkbox"/> Black or African American         |  |
| <input type="checkbox"/> Some Other Race (please specify): |  |

5. Are you Hispanic, Latino or of Spanish Origin?

- ☐ Yes
- ☐ No

6. What is your marital status?

- |                                |                                     |
|--------------------------------|-------------------------------------|
| <input type="radio"/> Married  | <input type="radio"/> Separated     |
| <input type="radio"/> Divorced | <input type="radio"/> Never Married |
| <input type="radio"/> Widowed  |                                     |

7. What is the highest grade or year of school you completed?

- |  |   |
|--|---|
| <input type="radio"/> No High School               | <input type="radio"/> Associate's Degree              |
| <input type="radio"/> Some High School, No Diploma | <input type="radio"/> Bachelor's Degree               |
| <input type="radio"/> High School Graduate or GED  | <input type="radio"/> Graduate or Professional Degree |
| <input type="radio"/> Some College, No Degree      |   |
| <input type="radio"/> Other (please specify):      |   |
| <input type="text"/>                               |   |

8. What is your household's income?

- |  |  |
|--|--|
| <input type="radio"/> Less than \$15,000   | <input type="radio"/> \$50,000 to \$74,999 |
| <input type="radio"/> \$15,000 to \$24,999 | <input type="radio"/> \$75,000 to \$99,999 |
| <input type="radio"/> \$25,000 to \$34,999 | <input type="radio"/> \$100,000 or More    |
| <input type="radio"/> \$35,000 to \$49,999 |  |

**Cecil County Community Health Survey**

**Part II: Community Health**

9. What do you think are the three most important health issues in Cecil County? (Select three)

- |  |   |
|--|---|
| <input type="checkbox"/> Access to Health Services | <input type="checkbox"/> Immunization and Infectious Disease  |
| <input type="checkbox"/> Affordable Housing        | <input type="checkbox"/> Maternal, Infant and Child Health    |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Mental Health                        |
| <input type="checkbox"/> Child Abuse and Neglect   | <input type="checkbox"/> Motor Vehicle/ Pedestrian Injuries   |
| <input type="checkbox"/> Childhood Trauma          | <input type="checkbox"/> Obesity                              |
| <input type="checkbox"/> Dental Health             | <input type="checkbox"/> Poverty                              |
| <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> Respiratory/ Lung Disease            |
| <input type="checkbox"/> Domestic Violence         | <input type="checkbox"/> Sexually Transmitted Diseases (STDs) |
| <input type="checkbox"/> Educational Attainment    | <input type="checkbox"/> Substance Abuse                      |
| <input type="checkbox"/> Environmental Health      | <input type="checkbox"/> Suicide                              |
| <input type="checkbox"/> Heart Disease and Stroke  | <input type="checkbox"/> Tobacco Use                          |
| <input type="checkbox"/> High Blood Pressure       | <input type="checkbox"/> Unemployment                         |
| <input type="checkbox"/> Homelessness              | <input type="checkbox"/> Violent Crime                        |
| <input type="checkbox"/> Other (please specify):   |   |

10. How would you rate the overall health of our community?

- |  |   |
|--|---|
| <input type="radio"/> Not at all Healthy | <input type="radio"/> Very Healthy      |
| <input type="radio"/> Slightly Healthy   | <input type="radio"/> Extremely Healthy |
| <input type="radio"/> Moderately Healthy |   |

11. How would you rate your own personal health?

- |  |   |
|--|---|
| <input type="radio"/> Not at all Healthy | <input type="radio"/> Very Healthy      |
| <input type="radio"/> Slightly Healthy   | <input type="radio"/> Extremely Healthy |
| <input type="radio"/> Moderately Healthy |   |

## Cecil County Community Health Survey

### Part III: Quality of Life

12. On a scale of 1 (strongly disagree) through 5 (strongly agree, please rate each of the following statements about the quality of life in Cecil County.

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
I am satisfied with the quality of life in Cecil County (Consider your sense of safety, well-being, participation in community life, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with the health care system in Cecil County (Consider the ease of getting an appointment, cost, available locations, quality of care received, and services available).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County is a good place to raise children (Consider school quality, day care, after school programs, recreation, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County is a good place to grow old (Consider elder-friendly housing, transportation to medical services, churches, shopping, adult day services, social support for the elderly living alone, meals on wheels, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is economic opportunity in Cecil County (Consider locally owned and operated businesses, jobs with career growth, job training, higher education opportunities, affordable housing, reasonable commute, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
Cecil County is a safe place to live (Consider residents' perceptions of safety in the home, the workplace, schools, playgrounds, parks, and shopping centers. Do neighbors know and trust one another? Do they look out for one another?).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County has networks of support for individuals and families during times of stress and need (Consider support groups, faith community outreach, neighborhood watch, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All individuals and groups have the opportunity to contribute to and participate in Cecil County's quality of life (Consider volunteer opportunities, getting involved in local government, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All Cecil County residents believe that they can make Cecil County a better place to live.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County has many different resources that <input type="radio"/> enhance quality of life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Community partners work well together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County residents feel responsible for their community and take pride in its accomplishments.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Cecil County Community Health Survey

### Part IV: Access to Health Services

13. How would you rate your ability to get health information, understand it and use it?

- |                                       |                                      |
|---------------------------------------|--------------------------------------|
| <input type="radio"/> Not at all Able | <input type="radio"/> Very Able      |
| <input type="radio"/> Slightly Able   | <input type="radio"/> Extremely Able |
| <input type="radio"/> Moderately Able |                                      |

14. Where do you get most of your health-related information?

- |   |  |
|---|--|
| <input type="radio"/> Books/Magazines         | <input type="radio"/> Pharmacist   |
| <input type="radio"/> Church                  | <input type="radio"/> Primary Care Provider (Family Doctor, Pediatrician, Physician Assistant) |
| <input type="radio"/> Health Department       | <input type="radio"/> Social Media   |
| <input type="radio"/> Hospital                | <input type="radio"/> TV News  |
| <input type="radio"/> Online/ Internet        |  |
| <input type="radio"/> Other (please specify): |  |

15. On a scale of 1 (strongly disagree) through 5 (strongly agree), please rate each of the following statements about access to health services in Cecil County.

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
Cecil County residents are able to see a primary care provider (Family Doctor, Pediatrician, Nurse Practitioner, Physician Assistant) when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County residents are able to see a medical specialist when needed (e.g. heart, lung, skin, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cecil County residents are able to see a dentist when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough providers accepting Medicaid (Medical Assistance) in Cecil County.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough bilingual (Spanish-speaking, etc.) providers in Cecil County.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough mental health providers for adults in Cecil County.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough mental health providers for children in Cecil County.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough substance use disorder treatment providers in Cecil County.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transportation for medical appointments is available to Cecil County residents when needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



16. What are the most significant barriers to accessing health services in Cecil County? (Select three)

- |   |  |
|---|--|
| <input type="checkbox"/> Availability of Doctors or Other Providers/ Appointments               | <input type="checkbox"/> Lack of Health Insurance  |
| <input type="checkbox"/> Basic Needs Not Met (Food, Shelter, etc.)                              | <input type="checkbox"/> Lack of Transportation  |
| <input type="checkbox"/> Difficult to Understand/ Navigate Health Care System                   | <input type="checkbox"/> Lack of Trust in Medical Services   |
| <input type="checkbox"/> Health Care Coverage Does Not Cover Needed Services                    | <input type="checkbox"/> Language/ Cultural Barriers   |
| <input type="checkbox"/> Inability to Pay Out of Pocket Expenses (Co-pays, Prescriptions, etc.) | <input type="checkbox"/> Time Limitations (Long Wait Times, Limited Office Hours, Time off Work, etc.) |
| <input type="checkbox"/> Lack of Child Care   | <input type="checkbox"/> No Barriers   |
| <input type="checkbox"/> Lack of Dental Insurance   |  |
| <input type="checkbox"/> Other (please specify):  |  |

17. Are there specific populations in Cecil County that are not being adequately served by local health services? (Select all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Black/ African American | <input type="checkbox"/> Low-Income/ Poor        |
| <input type="checkbox"/> Children/ Youth         | <input type="checkbox"/> Seniors/ Aging/ Elderly |
| <input type="checkbox"/> Disabled                | <input type="checkbox"/> Uninsured/ Underinsured |
| <input type="checkbox"/> Hispanic/ Latino        | <input type="checkbox"/> Young Adults            |
| <input type="checkbox"/> Homeless                | <input type="checkbox"/> None                    |
| <input type="checkbox"/> Other (please specify): |  |

18. Related to health and quality of life, what resources or services do you think are missing in Cecil County? (Select all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Bilingual Services (Spanish-speaking, etc.)   | <input type="checkbox"/> Mental Health Services  |
| <input type="checkbox"/> Community and Family Outreach Programs        | <input type="checkbox"/> Prescription/ Medication Assistance   |
| <input type="checkbox"/> Free/ Low Cost Dental Care                    | <input type="checkbox"/> Primary Care Providers (Family Doctor, Pediatrician, Nurse Practitioner, Physician Assistant) |
| <input type="checkbox"/> Free/ Low Cost Medical Care                   | <input type="checkbox"/> Substance Use Disorder Services   |
| <input type="checkbox"/> Health Education/ Information/ Outreach       | <input type="checkbox"/> Transportation  |
| <input type="checkbox"/> Health Screenings                             | <input type="checkbox"/> None  |
| <input type="checkbox"/> Medical Specialists (heart, lung, skin, etc.) |  |
| <input type="checkbox"/> Other (please specify):                       |  |

19. Is there any additional information that you would like to share about the health and quality of life of Cecil County residents?

20. How did you hear about this survey?